



*Dan's Papers* Member  
50<sup>th</sup> Club  
Spotlight

East End Laser Care in Southampton, offers the latest in safe, reliable cosmetic and laser surgery close to home; caring for East Enders for over 20 years.

"Everyone's skin is unique," says Covey, "and with the variety of safe and proven cosmetic treatment options available we can tailor treatments to fit your specific needs. Whether it's getting rid of wrinkles, fat and cellulite, sagging skin, brown spots, rosacea, facial spider veins, and unwanted hair or getting back the glowing younger-looking skin of your youth, there is a treatment option for you."

Cosmetic and laser surgeon Alexander J. Covey, M.D. is a fellow of the American Academy of Cosmetic Surgery and author of *Ageless Beauty: an Insider's Guide to Advanced Alternatives to Plastic Surgery* (Mill City Press, 2009). He was cited this year, for the 7th year in a row, by the Castle Connolly Guide as one of the "Top Doctors in New York" and was voted as one of *Dan's Papers* Best of the Best for the last 7 years.

East End Laser Care specializes in helping patients look and feel better with technologically advanced cosmetic treatments like Smartlipo MPX™, Thermage CPT™, Fraxel™ lasers, Liquid Facelift, Botox Dysport; fillers like Restylane, Juvederm, Radiess and Perlane; Laser Hair Removal and a full line of aesthetic services – facials, microdermabrasion, chemical peels and personalized skin care programs.

In addition to their office at 325 Meeting House Lane in Southampton, East End Laser Care offers services at offices in Center Moriches and in New York. Call 631-287-6662 for more information or visit eastendlasercare.com

Shop 'til (continued from page 36)

rugs, along with many other one-of-a-kind treasures from the countryside of Morocco. Owners, Nina and Mark Hannoun partnered with Tony Award-winning scenic designer David Gallo to conjure up a cozy Moroccan-evocative space in Southampton where customers can get a firsthand feel for their joyful rugs. Potential purchasers can bring rugs home for a one-week trial, and Hannoun Rugs will ship anywhere within the United States and Canada at no charge. Stop in; enjoy Moroccan tea, appetizers and beverages on the grand opening weekend.

**27 Hampton Salon**, 27 Hampton Road, Southampton, 631-377-3107, a 1,600 square foot, full service, high-end, hair salon opened on April 30. The salon features eight stations, offering cut and color, manicures, pedicures, waxing and facials. The vision of hairstylist and owner Bianka Lefferts was to create a modern-day salon where clients can unwind and relax while receiving expert styling by professionally trained stylists and technicians. The salon has an elegant, beachy modern feel, with special features that include retractable hair dryers and a filtration system to remove harsh chemicals and purify the air in the salon. 27 Hampton Salon will be open year-round, 6 days a week from Monday to Saturday. Log onto 27hamptonsalon.com for more information.

Until next week, Ciao and happy spring shopping! *If you have any questions or your shop is having sales, new inventory or re-opening for the upcoming season, my readers want to hear about it. E-mail me at: shoptil@danspapers.com I will be happy to get the word out.*

Cold? (cont'd from page 36)

traditional way, there are so many herbs and oils to be aware of. None of them have been proven, although there are some individuals of their effectiveness. At the Mayo Clinic, some herbal remedies include goldenseal, black cohosh, and bromelain. Some alternative treatments that have been known to help include, acupuncture, meditation, herbs, probiotics, and hypnosis.

One homeopathic method that has been used is honey. "The oral administration of honey as an anti-allergen has been said to be a bit debatable," says Dr. C. In the past, some Americans used to eat poison ivy leaves in order to build up an immunity to poison ivy. I wouldn't vouch for that."

If you have an aversion to taking medication and you want to play allergy doctor, keep a journal and take note of what you eat and when you get up. Most likely you will see a pattern. You can figure it out yourself. You can also try to eliminate or avoid the allergen. Coping with allergies is a challenge. We all have to fight using various methods. Just because you don't have a cold doesn't mean you will not stay allergic. Hormonal changes and the aging process can bring on allergies as well.

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