STYLE SHEET

FACE THE HEAT HEAD-ON

Skin care often steals the spotlight in summer beauty routines, but when it comes to harmful sun damage, it's just as important to protect your hair.

27 Hampton Salon (27 Hampton Road, Southampton, 27hamptonsalon.com) owner Bianka Lefferts opens up her beauty arsenal, revealing her essential summer weapons for healthy, moisturized locks.



"You have to be conscious of the sun's damaging effects. Kérastase's Nutritive shampoo and conditioner keep hair moisturized while blocking out humidity and protecting against the elements."

Nutritive Bain Nutri-Thermique shampoo, \$39 for 250 ml, and Nutritive Fondant Nutri-Thermique conditioner, \$42, both by Kérastase



"For curls, using this styling gel and leave-in conditioner will give you the perfect beach strands." Tress Effects styling gel, \$48 for 33.8 oz., and Moisture Lock Leave-in conditioner, \$69 for 33.8 oz., both by Ouidad